

<b>DEVELOPMENT AGE</b>		Squad fees per month				Email Squad Rep	KB ET KC	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Swim Times		07:00 - 08:00		07:00 - 08:00				
Venue		Tal Qroqq		Tal Qroqq				
Swim Times			16:00 - 17:30		16:00 - 17:30			
Venue			Sirens		Sirens			
Land Training								
Venue								

<b>DEVELOPMENT YOUTH</b>		Squad fees per month				Email Squad Rep	PG
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Times	06:00 - 08:00			06:00 - 08:00			
Venue	Tal Qroqq			Tal Qroqq			
Swim Times			16:00 - 18:00		16:00 - 18:00		
Venue			Tal Qroqq		Sirens		
Land Training					08:00 - 08:45		
Venue							

<b>NATIONAL AGE</b>		Squad fees per month				Email Squad Rep	NM
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Times	06:00 - 08:00		06:00 - 08:00		06:00 - 08:00	07:00 - 09:00	
Venue	Sirens		Tal Qroqq		Sirens	Sirens	
Swim Times	16:00 - 18:00	16:00 - 18:00		16:00 - 18:00			
Venue	Sirens	Tal Qroqq		Sirens			
Land Training	TBC	15:15 - 16:00		15:15 - 16:00			
Venue							

<b>NATIONAL YOUTH</b>		Squad fees per month				Email Squad Rep	DGG
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Times	06:00 - 08:00		06:00 - 08:00		06:00 - 07:30	07:00 - 09:00	
Venue	Sirens		Sirens		Tal Qroqq	Sirens	
Swim Times		16:00 - 18:00	16:00 - 17:30	16:00 - 17:30			
Venue		Sirens	Sirens	Tal Qroqq			
Land Training		15:15 - 16:00		15:15 - 16:00		09:00 - 10:00	
Venue							

<b>PERFORMANCE</b>		Squad fees per month				Email Squad Rep	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Times	06:00 - 08:00		06:00 - 08:00		06:00 - 08:00	07:00 - 09:00	
Venue	Tal Qroqq		Sirens		Sirens	Tal Qroqq	
Swim Times	16:00 - 18:00	16:00 - 18:00	16:00 - 17:30		16:00 - 18:00		
Venue	Tal Qroqq	Tal Qroqq	Tal Qroqq		Tal Qroqq		
Land Training		15:30 - 16:30		16:00 - 17:00		09:30 - 10:30	
Venue							